

RULES:

Team Format:

- 10-14 players
- Everyone kicks (Full line up rotation)

Game Length:

- 5 innings or 45 minutes (Whichever comes first)
- No new innings start after 40 minutes
- Extra innings if there is a tie

Basic Gameplay:

- Underhand pitching only
- Ball must bounce at least once before home plate

Kicking:

- Must be behind or on home plate

Running:

- Can steal bases
- Runner advance once ball is kicked
- Players can be tagged or hit with the ball (below the neck)

Outs:

- 3 outs per inning

Outs Include:

- Caught fly balls
- Tagged or pegged (below the neck)
- 3 missed kicks

Base Running:

- Must stay in baseline
- Hit in head/neck unintentionally = safe
- Intentional headshots = player ejected

Scoring:

- 1 run per player reaching home plate
- Mercy Rule: 10 run lead after 3 innings (automatic win)

Sportsmanship:

- Respect refs, teammates and opponents
- No trash talking or aggressive play
- This is for a great cause- have fun and cheer each other on!